



Women's Tours by **EMBARK**

8 NIGHT / 9 DAY HOSTED TOUR
14 - 22 JULY 2026

NORFOLK ISLAND





Let's explore Norfolk Island together!

Norfolk Island is a rare kind of destination – peaceful, deeply historic, and wonderfully easy to enjoy at a relaxed pace, making it ideal for a short escape. For this special 7-night stay, you unpack just once and truly settle in, with no rushing between hotels or constant packing. From the moment you arrive, everything is taken care of, allowing you to focus on enjoyment, connection and discovery.

Set in the South Pacific, Norfolk Island offers dramatic coastal scenery, rolling green hills, fascinating convict and Pitcairn history, and a warm, welcoming local community. Our fully inclusive experiences mean you won't miss a thing – guided sightseeing, cultural encounters, and leisurely explorations are all thoughtfully arranged, with plenty of time to relax and socialise with like-minded women.

A highlight of the week is our **exclusive Christmas in July celebration**, created just for our group. Enjoy traditional festive fare, seasonal cheer, and a cosy, joyful atmosphere – a wonderful way to celebrate together in the middle of winter. Norfolk Island's gentle pace, combined with inclusive experiences and special events, makes it the perfect place to spend a memorable and carefree week away.

If a long holiday isn't on the cards this year, this delightful getaway is the perfect way to relax, recharge and enjoy a truly memorable escape—without being away for weeks. It's a wonderful introduction for ladies travelling with us for the first time, giving you a chance to experience our friendly, well-organised style and see just how easy and enjoyable travelling can be.

That said, you don't really need a reason at all! This is your time to do something just for you. Enjoy great company, shared laughs, and special experiences designed with comfort and enjoyment in mind. Step away from the everyday, treat yourself to a little adventure, and come home refreshed, inspired, and with beautiful memories to treasure long after the journey ends.

Itinerary Overview

- 1 nights' accommodation Sydney Airport
- 7 nights' accommodation Norfolk Island



14 July 2026 : Day One (D)

Today you'll be collected right from your front door (Newcastle, Hunter or Lake Macquarie) and travel comfortably to Sydney with your fellow travellers. To make the journey as relaxed as possible, we include an overnight stay near Sydney Airport—so there's no early start or rushing, just a calm and easy lead-in to your flight the following morning.

15 July 2026: Day Two (Refreshments in flight, D)



This morning we make our way to the airport and set off on our flight to beautiful Norfolk Island. At just two and a half hours, it's an easy, comfortable journey—leaving plenty of energy to enjoy what awaits us on arrival.

Before you know it, we're touching down in a destination renowned for its dramatic coastal cliffs, rolling green hills, rich convict and Pitcairn heritage, and a genuinely warm and welcoming local community. This idyllic island will be our home for the next seven nights.



Our stay is at the much-loved Aloha Apartments, chosen for their comfort, space and relaxed island atmosphere. Best of all, everyone enjoys their own private bedroom. Guests selecting twin-share accommodation will stay in a spacious two-bedroom apartment, with their own bedroom and a shared bathroom. Those choosing the solo supplement will enjoy the luxury of their own bedroom and private bathroom—perfect for unwinding after a day of island discoveries.

This evening, dinner is included at a local restaurant.

16 July 2026: Day Three (B, Morning Tea, D)



For our first full day on Norfolk, we'll start with an orientation to the island. On this morning tour, you'll be taken through Norfolk Island's most significant historic regions, including Kingston, Cascade and Longridge - each offering a deeper insight into the island's remarkable past. This is a wonderful opportunity to truly understand Norfolk Island's unique story, from its early Polynesian roots to the convict era and beyond.

Walk among the iconic convict-built structures and bring history to life through engaging, fully guided commentary, filled with fascinating stories and local insight. Along the way, pause at spectacular lookout points to admire sweeping coastal views and pristine beaches stretching out below.



You'll also gain an understanding of Norfolk Island's distinctive system of government, local laws, and the relaxed island lifestyle that makes this place so special. Highlights of the tour include a visit to the beautiful Melanesian Chapel and a stop at the grounds of a historic island home, where you'll enjoy a delightful morning tea in charming surroundings.

Afterwards, it's time to step inside a remarkable 360° panoramic painting - the unique 360degrees 'Cyclorama'. Be transported into the dramatic story of the Mutiny on the Bounty! This immersive experience brings the famous Bounty adventures to life, revealing how one of history's most well-known mutinies led to the settlement of the Pitcairn and Norfolk Island communities.

Created by Norfolk Islander Marie Bailey, a descendant of Fletcher Christian, the enormous cyclorama combines stunning artwork with clever 3D perspective, making you feel as though you are part of the scene. Detailed visuals extend right to your feet, while easy-to-follow storyboards, maps and displays help explain the history.

This evening it's our exclusive event for this tour - our 'Christmas in July' Dinner. All the trimmings of a cosy, Christmas dinner on Norfolk Island!

17 July 2026: Day Four (B, D)

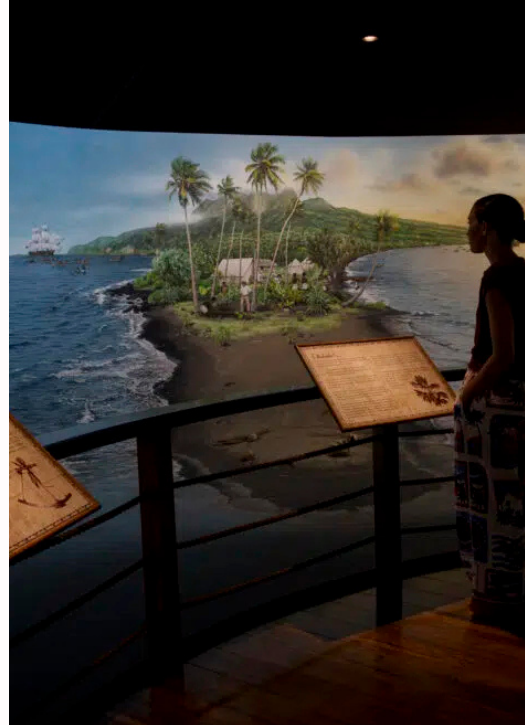
Enjoy a relaxed morning at your own pace on Norfolk Island. Sleep in, take a gentle stroll, browse the local shops or simply unwind—how you spend the morning is entirely up to you. In the early afternoon, we set out for a delightful afternoon of sightseeing.

Our 'Indulgence Tour' begins on the south-eastern coast at beautiful Ball Bay, where sweeping ocean views set the scene. Here you'll learn how essential supplies, including fuel, are carefully brought ashore. We then continue to Steeles Point, known for its sheltered valleys tucked behind dramatic coastal cliffs, where you may be lucky enough to spot a nesting White Fairy Tern.

Next, we visit the Captain Cook Monument, marking the spot where Captain James Cook and his crew landed in 1774. The views here are among the island's finest, with striking offshore formations such as Bird Rock and Elephant Rock. We also include a visit to Mount Pitt, where a 360° lookout offers breathtaking views across the entire island. The day concludes perfectly with wine, cheese and crackers enjoyed at a scenic location.

Afterwards it's off to 'Duo Boutique' on Taylors Road. This charming ladies clothing and accessories store specialises in beautiful natural fabrics such as cotton, linen and rayon, offering timeless pieces that add colour, texture and effortless style to any wardrobe. They'll open their doors just for us after-hours to shop with a wine in hand, plus more nibbles - making shopping both social and indulgent.

Step back in time and experience the thrill of a convict's life with our Night as a Convict Dinner. This evening is all about fun, laughter, and letting loose! Dress up in a convict suit and join the Commandant for an evening of gaiety, feasting, singing, dancing, and maybe even some bawdy humour. We'll provide the outfit, and all you need to bring is your sense of humour. This is a night you won't soon forget, as you indulge in a delicious meal, make new friends, and transport yourself to the colourful past of Norfolk Island's convict era.





18 July 2026: Day Five (B, D)

Begin the day surrounded by Norfolk Island's natural beauty with a choice of gentle walking experiences. You may enjoy an easy stroll through the peaceful 100 Acres Reserve, or for those feeling a little more energetic, a scenic 3.5-kilometre walk from Mount Bates to the Captain Cook Monument. Both routes showcase lush greenery, towering Norfolk Pines and coastal glimpses along the way. The walks reunite on the clifftop for a delicious barbecue breakfast, where sweeping ocean views provide a memorable reward. Those who prefer not to walk are very welcome to join the group directly at the clifftop breakfast.



The remainder of the morning is free to enjoy at leisure. You might like to explore the charming shops of Burnt Pine, browse well-known local favourites such as Frank's Shoes, or relax with a coffee at popular cafés like The Olive or the Golden Orb, soaking up the island's laid-back atmosphere.



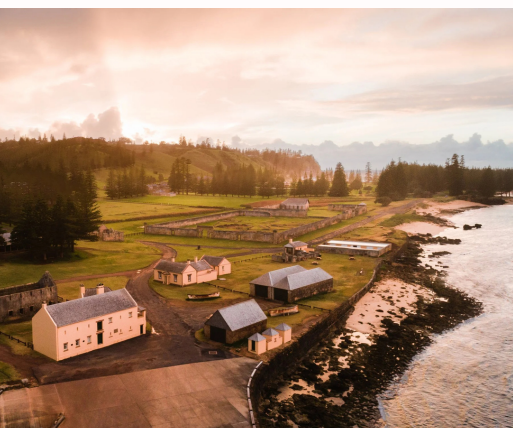
Later, we visit Fitzy's Farm, Norfolk Island's first lavender farm, for a fascinating and fragrant experience. Did you know June/July is the time of the year the lavender is in bloom! Set against the island's rolling landscape, the farm offers insight into how lavender is grown in Norfolk Island's unique climate and soil. During a guided walk with the owner, you'll learn about the 15 lavender varieties planted here, each with its own colour, scent and character, as well as other crops including rosemary, sage, rose geranium, sunflowers and vegetables. A highlight is seeing the traditional copper distilling equipment used to extract lavender essential oils through steam distillation—a process widely used in aromatherapy and skincare. The visit is made even sweeter with a serving of the farm's speciality gelato or sorbet, and time to browse the gift shop for locally made lavender products.



As evening falls, enjoy a relaxed barbecue dinner before heading out for one of Norfolk Island's most loved experiences—Wonderland by Night. Set among ten acres of majestic Norfolk Pines, this enchanting tour brings the island's colourful history to life. Paths are softly lit, creating a magical forest atmosphere as you wander (or ride along in the moon buggy) with a descendant of a Bounty mutineer, who shares poems, stories and illuminated dioramas along the way.

19 July 2026: Day Six (B, D)

On a Sunday, you'll find the local markets at Rawson's Hall. We've kept this morning free of activities so you can explore the local produce, arts and crafts on offer.



Early afternoon, step back in time with an in-depth exploration of the Kingston and Arthur's Vale Historic Area (KAVHA), one of Australia's most significant World Heritage-listed sites. This beautifully preserved Georgian settlement offers a powerful insight into Norfolk Island's layered past, from early Polynesian settlement through the convict era to the descendants of the Pitcairn Islanders.

Led by expert local guides, you'll wander through this living historical landscape, uncovering the stories behind the colonial headstones in the cemetery and the elegant historic homes along Quality Row. Visits to the atmospheric ruins of the New Gaol, the Pier Store, Boat Shed and Crank Mill reveal how this isolated outpost once functioned and the lives shaped within it. With engaging commentary and rich storytelling, this tour brings Norfolk Island's extraordinary history vividly to life.

Tonight, enjoy dinner at Hilli Restaurant.

20 July 2026: Day Seven (B, D)

The morning is yours to enjoy at leisure. Take the opportunity to sleep in, enjoy a relaxed breakfast, explore the local shops, or simply unwind.

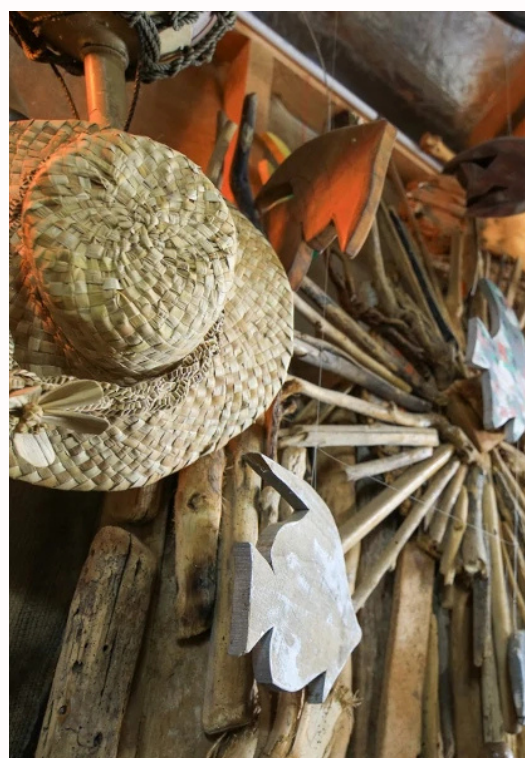
This afternoon, discover the heart and soul of Norfolk Island on the Curious Castaways tour. Norfolk Island's culture is a fascinating blend of English seafarers and Polynesian heritage, creating a truly unique community found nowhere else in the world. Through engaging stories and demonstrations, you'll learn about the island's early Pitcairn settlers—descendants of the famous Bounty mutineers—and how their traditions shaped island life. Hear the lilting Norfolk language, still spoken by locals today and recognised as a language in its own right, and learn about traditional weaving techniques and wetls—handmade baskets once used for everyday island life. The experience is made complete with a tasting of traditional island foods, offering a delicious insight into local flavours.

This evening, enjoy one of Norfolk Island's most memorable dining experiences, a progressive dinner at local island homes. You'll visit three different family residences, enjoying a different course at each, all lovingly home-cooked and served with warm hospitality. Along the way, hosts share personal stories and insights into island life, history and traditions. White wine and juice are provided, with tea and coffee to finish, and you're welcome to bring along any additional drinks you may prefer. It's a wonderful evening of great food, friendly conversation and genuine cultural connection.

21 July 2026: Day Eight (B, D)

Enjoy a truly special morning tea experience at Out Yenna, the former home of world-renowned author Colleen McCullough. Colleen, who wrote 24 celebrated novels, including *The Thorn Birds*, *Tim* and *Morgan's Run*, called Norfolk Island home for almost 36 years. Following her passing in 2015, her property has been opened to visit.

During your guided visit, you'll step inside this magnificent home and view the remarkable collection of artefacts gathered by Colleen and her husband Ric on their travels around the world. See the spaces where her stories were researched and brought to life, and gain a rare insight into the daily world of one of Australia's most treasured literary figures.





The visit is complemented by a delightful morning tea featuring traditional Norfolk Island pies made with local eggs and seasonal fruit. This experience offers a fascinating glimpse into the life of a modern literary icon—and for fans of Colleen McCullough's novels, it is a truly unforgettable highlight.

Get ready for one of Norfolk Island's most loved nights out—the iconic Island Fish Fry. A favourite for over 40 years, this relaxed clifftop evening combines great food, live music and spectacular coastal views in one unforgettable experience.



Enjoy a generous feast of local dishes, fresh salads, homemade coconut bread and perfectly fried fish, with island favourites like pilhi (savory banana slice), ana (herbed sweet potato mash) and coconut pie with cream for dessert. As the sun dips toward the horizon, settle in at the clifftop bar, soak up the views and enjoy the lively atmosphere—sunset or not, the scenery never disappoints.



The evening comes alive with live music and performances by the Baunti Byuutis dancers, celebrating local culture and tradition. Wine and beer are available to purchase, or feel free to bring your own. Held at the exclusive western-side property Orn Dar Cliff, this is island fun at its very best.

22 July 2026: (B, refreshments in flight)

Today it's time to check out of the Aloha Apartments, and bid farewell to Norfolk Island. After the short 2 ½ hour flight back to Sydney, you will be transferred back to your home address (Newcastle, Lake Macquarie, Hunter areas).

This unforgettable week on Norfolk Island blends history, culture, gentle adventure and warm hospitality into a relaxed, all-inclusive escape filled with friendship, flavour - which we hope you will return home to with truly memorable moments.



Please note: While this itinerary includes specific restaurants, hotels and activities, occasional changes may occur due to circumstances beyond our control—such as venue renovations or updates to group dining availability. Rest assured, any adjustments we make are thoughtfully chosen to enhance your overall experience. We appreciate your understanding and flexibility, as part of the joy of travel lies in embracing the unexpected and discovering new highlights along the way.

On Norfolk Island resources are limited and therefore touring may be shared with guests outside of our group. While our Christmas Event and restaurant dinners will be private, most other sightseeing, shows and events - we will join other travellers on Norfolk Island.





Your 2026 Embark Tour includes

INCLUDES

- Return Transfers from your home address* to Sydney airport
- Economy Class Flights with a full-service airline (upgrade to business class available)
- All accommodation
- Sightseeing and transport as per the itinerary - all entrance fees included
- Meals: Breakfast (B), Lunch (L) and Dinner (D) where indication - minimum of 2 meals per day
- Small Group of only 12 women (plus guides and Embark Travel representatives)
- Embark Travel tour manager, travelling with you
- Local sightseeing experts throughout
- Pre-tour get together meal
- All tipping throughout
- Departure Pack (luggage tags, luggage straps, ticket wallet etc)
- Welcome Home Pack

PACKAGE COST: \$5390 per person twin share

Single Supplement: \$920

First deposit is \$500 per person (due within 7 days of booking)

Balance due 4 months prior to departure.

All payments are non-refundable unless otherwise specified.

Ready to join us? With only 12 spots available, don't wait to secure your place!

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